



**MBES**

# Counselor's Corner

## **WHAT IS A SCHOOL COUNSELOR?**

February 2<sup>nd</sup> – 6<sup>th</sup> is National School Counselors Week. In celebration of this week, I would like to lend a greater understanding to my role in the school.

A school counselor is someone who holds a Masters level certification (or higher) or someone who holds a LPC (Licensed Professional Counselor) and they have specialized training in counseling children in the areas of academic, personal/social, and career development. My main role in the school is to help every student by serving as their advocate. It is during this time that children develop their self-concept, decision making skills, confidence, peer groups, communication skills, and their attitudes toward school. My goal is to help foster this growth by focusing on the 3 areas of development mentioned above.

I am able to go into each classroom 1 time a month and deliver lessons to the students focusing on career development and character education. These lessons correlate with the American School Counselor Association National Standards. I also work with students in small groups or individually on topics such as, peer issues, worries, family changes, grief, and social skills. My small groups are based on student needs.



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Students can self-refer or be referred by their parents and teachers to see me.

Another important role that I have as a school counselor is collaborating with parents and teachers. I am available to sit in on parent/teacher conferences, I am a part of the Student Support Team, and I am the 504 chairperson. I am available to parents to serve as a resource for information as well.

Please do not hesitate to call me with any questions or concerns. I feel very lucky to be a part of the Medlock Bridge family!

[www.mrsbradleymbes.weebly.com](http://www.mrsbradleymbes.weebly.com)

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