



MBES

Counselor's Corner

Welcome to Medlock Bridge's Counselor Newsletter!

As the weather turns colder, you will be spending a lot of quality family time indoors 😊. Why not start a family game night tradition? You probably need to set aside up to 2 hours of time for game night. Dinner could be pizza, an indoor picnic with sandwiches, or breakfast for dinner! Traditional board games are always great, but here are some other fun ideas...

Active Indoor Games

Animal Charades: Brainstorm animals, write them on small pieces of paper, and place them in a bowl. Each family member takes a turn picking out a slip of paper and acting out the animal listed without saying a word while the others try to guess!

Last Laugh: One person volunteers to be "the comic". That person goes to the center of the room and the others face the comic. He/she will make funny faces/movements and the other family members try to keep a straight face. Once you crack a smile, you have to join the comic in the center and try to get the others to laugh. The last person to keep a straight face wins!

Beanbag Horseshoes: Using masking tape, mark start and finish lines. Place a hula hoop on the ground near the finish line. Each player is allowed 3 turns to toss the beanbag inside the hoop.



MBES

Counselor's Corner

Each bag that lands in the hoop scores 2 points. If it lands on the hoop, it is 1 point. The first to 15 points wins!

Guessing Game Ideas

Blind Sketching: One at a time, have each family member wear a blindfold and draw a picture. This person gives hints 1 at a time and the other family members try to guess what the picture is.

Dictionary Detective: Have a family member flip open the dictionary and read only the definition of a word. The other people try to guess what the mystery word is after hearing the definition.

Invisible words: Pair up in teams and use your finger to write 1 letter at a time on your teammates back. As you are writing, the other person tries to guess the word.

www.mrsbradleymbes.weebly.com

January 2014